## AN EPIDEMIC

IS SWEEPING ACROSS AMERICA. CAUSING DRIVERS EVERYWHERE TO BLACK OUT FOR FIVE SECONDS AT A TIME. IT'S CALLED **TEXTING AND DRIVING.** 



**WE PLEDGE NOT TO TEXT AND DRIVE** because it takes our eyes off the road for an average of 5 seconds. At 55 mph, that's like driving the length of a football field—completely blind.<sup>1</sup>

WE PLEDGE NOT TO TEXT AND DRIVE because it's like driving after having 4 beers.<sup>2</sup>

WE PLEDGE NOT TO TEXT AND DRIVE because it can make us 23 times more likely to crash.3

WE PLEDGE NOT TO TEXT AND DRIVE because car crashes kill an average of 11 teens each day.4

WE PLEDGE NOT TO TEXT AND DRIVE because distracted driving injures 330,000 people every year.<sup>5</sup>

## MY FAMILY HEREBY PLEDGES NOT TO TEXT AND DRIVE

## **ALLSTATE.COM/TEEN**

- 1. Virginia Tech Transportation Institute, available at www.vtti.vt.edu
- Setting Limits, Saving Lives--The Case for .08 BAC Laws, available at www.nhtsa.dot.gov and A Comparison of the Cell Phone Driver and the Drunk Driver, available at http://dwiwatch.org/cell-phone-texting.php
- 3. Virginia Tech Transportation Institute and NHTSA
- 4. Insurance Institute for Highway Safety (IIHS) Fatality Facts 2008, available at www.iihs.org
- 5. Harvard Center for Risk Analysis Study

