

# Disability Claims Checklist

## Information to identify your policy

Policy number      Policyholder's name      Policyholder's date of birth      Policyholder's address

## Claim details & documentation

Patient or Claimant name	Documentation of other disability coverage
Accident date & time	<a href="#">Attending Physician's Statement</a>
Accidental injury diagnosis	<a href="#">Employer Statement</a>
How & where accident occurred	<a href="#">Completed &amp; Signed Authorization Form</a>

## File your claim quicker using MyBenefits

1. Login at <https://mybenefits.allstate.com>. Register first, if new to MyBenefits.
2. With multiple payment options, choose how you will receive your benefits.
3. Click 'File a Claim' to begin. Our system will guide you through each step along the way.
4. Securely upload supporting documents by scanning or attaching stored files.
5. Submit your completed claim.

## Other ways to file a claim

**Fax claim submissions:** 1(866) 424-8482

**Mail:** American Heritage Life Insurance Company  
1776 American Heritage Life Drive  
Jacksonville, FL 32224