



Allstate[®]

You're in good hands.

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The Allstate Corporation 2005 Annual Meeting Materials.
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Shareholder Information

Corporate Headquarters/ Home Office

The Allstate Corporation
2775 Sanders Road
Northbrook, IL 60062-6127
(800) 574-3553
www.allstate.com

Annual Meeting

Shareholders of record are invited to attend the annual meeting of The Allstate Corporation, Tuesday, May 17, 2005, 11 a.m. 8th Floor Auditorium Harris Trust and Savings Bank 115 South LaSalle Street Chicago, IL 60603.

Holders of common stock of record at the close of business on March 18, 2005, are entitled to vote at the meeting. A notice of meeting, proxy statement and proxy card and/or voting instruction form were provided to shareholders with this annual report.

Transfer Agent/Shareholder Records

For information or assistance regarding individual stock records, dividend reinvestment, dividend checks, 1099DIV and 1099B tax forms, direct deposit of dividend payments, or stock certificates, contact Wells Fargo Shareowner Services, in any of the following ways:

By Telephone:
(800) 355-5191 within the U.S.
or
(651) 450-4064 outside the U.S.

By Fax:
(651) 450-4085

By Mail:
Wells Fargo Bank, N.A.
Shareowner Services
P.O. Box 64874
St. Paul, MN 55164-0856

By Certified/Overnight Mail:
Wells Fargo Bank, N.A.
Shareowner Services
161 North Concord Exchange
South St. Paul, MN 55075-1139

On the Internet –
Account Information:
www.shareowneronline.com

Profit Sharing

For information about The Savings and Profit Sharing Fund of Allstate Employees, call the Allstate Benefits Center at (888) 255-7772.

Exclusive Agent Stock Bonus Plan

For information about shares held under the Exclusive Agent Independent Contractors Stock Bonus Plan, call Wells Fargo Shareowner Services, (800) 355-5191.

Investor Relations

Security analysts, portfolio managers and representatives of financial institutions seeking information about the company should contact:
Investor Relations
The Allstate Corporation
3075 Sanders Road
Northbrook, IL 60062-7127
(800) 416-8803
invrel@allstate.com

Shareholder Communications to the Board of Directors

Shareholders or other security holders who desire to communicate to the Board of Directors may do so by mail or e-mail as follows. Please let us know if you are a shareholder or other security holder.

By e-mail:
directors@allstate.com

By mail:
The Allstate Corporation
Nominating & Governance Committee
c/o General Counsel
Allstate Insurance Company
2775 Sanders Rd Ste F8
Northbrook, IL 60062

Common Stock and Dividend Information

	High	Low	Close	Dividends declared
2004				
First quarter	47.19	42.55	45.46	.28
Second quarter	48.16	42.91	46.55	.28
Third quarter	49.22	45.50	47.99	.28
Fourth quarter	51.99	45.50	51.72	.28
2003				
First quarter	38.56	30.05	33.17	.23
Second quarter	38.65	33.40	35.65	.23
Third quarter	39.64	34.88	36.53	.23
Fourth quarter	43.27	36.56	43.02	.23
Fourth quarter				.01*

*Redemption of the rights issued pursuant to 1999 Rights Agreement at the redemption price of one cent (\$0.01) per right, payable to each holder of record of the common stock as of the close of business on November 28, 2003.

Stock price ranges are from the New York Stock Exchange Composite Listing. As of 4:00 p.m. (EST) on January 31, 2005, the closing price of Allstate common stock as reported on the New York Stock Exchange was \$50.44, and there were 153,482 shareholders of record.

Media Inquiries

Allstate Media Relations
2775 Sanders Road
Northbrook, IL 60062-6127
(847) 402-5600

Form 10-K, Other Reports

Shareholders may receive without charge a copy of The Allstate Corporation Form 10-K annual report (filed with the Securities and Exchange Commission) and other public financial information for the year ended Dec. 31, 2004, by contacting:
Investor Relations
The Allstate Corporation
3075 Sanders Road
Northbrook, IL 60062-7127
(800) 416-8803
invrel@allstate.com
The Allstate annual report is available online at:
www.allstate.com/investor/annual_report.

Annual Report Recordings

Audio cassette tapes of the Allstate annual report are available without charge to the visually impaired by calling (800) 416-8803 or by e-mailing your request to invrel@allstate.com.

Stock Exchange Listing

The Allstate Corporation common stock is listed on the New York Stock Exchange under the trading symbol ALL. Common stock is also listed on the Chicago Stock Exchange.

CEO and CFO Certifications

Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002, CEO and CFO certifications were filed as Exhibits 31.1 and 31.2 to The Allstate Corporation's annual report on Form 10-K for 2004.

In addition, pursuant to Section 303A.12(a) of the New York Stock Exchange Corporate Governance listing standards, an Annual CEO Certification was submitted in June 2004, which stated The Allstate Corporation was in compliance with the Corporate Governance listing standards without exception.

Independent Registered Public Accounting Firm

Deloitte & Touche LLP
Two Prudential Plaza
180 North Stetson Avenue
Chicago, IL 60601-6779

Online Information

Investor supplements describing Allstate quarterly fiscal results, as well as audio rebroadcasts of investor conferences at which the company participates, will be posted on www.allstate.com. Investor conference calls will also be broadcast from that Web site.



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